



From San Diego Airport

Head North on Harbor Drive
Turn right on Lanning Road
Turn right on Historic Decatur Road
Lifewellness Institute's building is on your left just past Womble Road

Traveling on Interstate 5 or Interstate 8

Head West on Rosecrans Street Exit
Turn left on Womble Road
At the second intersection turn left on Historic Decatur Road
Lifewellness Institute's building is on your left

Lifewellness Institute
2448 Decatur Road
Suite 130
San Diego, CA 92106
(619) 398-2960

